

Patient Information and Consent Form

Please read this information carefully, and ask your practitioner if there is anything that you do not understand.

What is Dry needling?

Dry needling is a form of therapy in which fine needles are inserted into specific points on the body.

Is Dry needling safe?

Dry needling is generally very safe. Serious side effects are very rare – less than one per 10,000 treatments.

Does Dry needling have side effects?

You need to be aware that:

- *drowsiness occurs after treatment in a small number of patients, and, if affected, you are advised not to drive;*
- *minor bleeding or bruising occurs after acupuncture in about 3% of treatments;*
- *pain during treatment occurs in about 1% of treatments;*
- *existing symptoms can get worse after treatment (less than 3% of patients). You should tell your acupuncturist about this, but it is usually a good sign;*
- *fainting can occur in certain patients, particularly at the first treatment.*

In addition, if there are particular risks that apply in your case, your practitioner will discuss these with you.

Is there anything your practitioner needs to know?

- *Have you ever experienced a fit, faint or funny turn? YES/NO*
- *Do you have a pacemaker or any other electrical implants? YES/NO*
- *Do you have a bleeding disorder? YES/NO*
- *Are you taking anti-coagulants or any other medication? YES/NO*
- *Do you have damaged heart valves or have any other particular risk of infection? YES/NO*

Single-use, sterile, disposable needles are used at all times.

Statement of Consent

I confirm that I have read and understood the above information, and I consent to having Dry needling treatment. I understand that I can refuse treatment at any time.

Signature _____

Print name in full _____

Date _____